

BREAKFAST

Croissant/ Muffin/ Bagel **R28**

(served with Butter and preserves)

White, wholewheat, rye or gluten-free toast
R12

Freshly-cut fruit bowl (v) **R78**

Homemade Granola, thick creamy yoghurt
& seasonal fruit **R80**

Mixed Berry smoothie bowl, banana,
seeds & nuts **R90**

Poppy seeds, banana & oats, honey and
almond flakes (v) **R68**

Smashed Avo, boiled egg, feta & choice of
toast (V) **R95**

Zest Breakfast: Macon, beef sausages, eggs,
cherry tomatoes, mushrooms & toast **R105**

Breakfast Sandwich - Egg (any style),
Macon, mushroom, halloumi & roast
tomato on Sour dough toast. **R95**



**Smoked salmon Bagel, house ricotta,
horseradish Crème fraiche & capers. R115**

**Buttermilk flapjacks, raspberry, ricotta,
vanilla and yoghurt cream. R68**

BENEDICT

**English muffin or bagel, hollandaise, poached egg
with:**

-Smoked Salmon R115

-Beef Macon R90

- Wilted baby spinach (v) R70

**Stuffed croissant, Scrambled eggs, cream cheese
& Avo R80**

Open omelette:

• Salmon, Avo & cream cheese R110

• Peppers, baby spinach, feta &
mushroom R80

Closed Omelette, cheese & spinach R60

Plain Omelette & toast R42

